

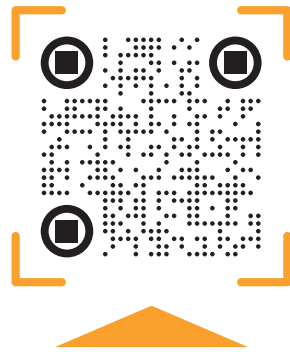
**SPEAK TO YOUR COLLEAGUES
JOIN YOUR STRIKE WHATSAPP GROUP
TELL THEM TO VOTE YES**

Questions about striking?

IMGs, locums, GP trainees and others have unique concerns.

No doctor will be left behind.

For the most up-to-date FAQs, visit
bma.org.uk/juniorspay



Only postal votes can be counted so return your ballot
by **26 August** at the latest. Any votes received after
midday on **31 August** will not be counted.

DON'T WASTE YOUR VOTE

MAKE YOUR VOTE COUNT



Post your ballot back by
26 August 2023

JUNIOR DOCTOR RE-BALLOT

SAY IT LOUDER VOTE YES



**JOIN.
VOTE.
WIN.**



**Your first round of action brought them to the table.
Your second got us an opening offer.
They still don't get it.
Tell them again.**



**They made us an insulting offer of just 5%.
Accepting this would mean just 70p per hour for an FY1.
Strike to win what you're worth.**

Vote yes to:

Turn up the pressure.
Your action brought the Government to the table. Now we need to force their hand.

Give your negotiators the strongest position.
Let's show the Government we won't back down.

Win Full Pay Restoration.
Your job is only getting harder, but your pay is being cut and this will only get worse unless we are clear enough is enough.

You can win Full Pay Restoration if:

- 50% of BMA junior doctor members return their ballots by post
- A majority vote yes
- You and your colleagues take effective strike action
- Every ballot that makes its way to the recycling bin makes pay restoration less likely

What pay restoration will mean for you*		
	Hourly (National Living Wage: £10.42ph from April 2023)	
Training Grade	Current (22/23)	Proposed (FPR 22/23)
FY1	£14.09	£18.69
FY2	£16.31	£21.63
ST1-2	£19.30	£25.60
ST3-5	£24.46	£32.45
ST6-8	£28.00	£36.95

YOU DON'T HAVE TO TELL YOUR EMPLOYER

- How you have voted
- The days that you are walking out
- That you are going to vote in the ballot
- Whether you'll strike or not
- If you're a union member

*Does not take into account further substantial losses as a result of further changes to inflation.